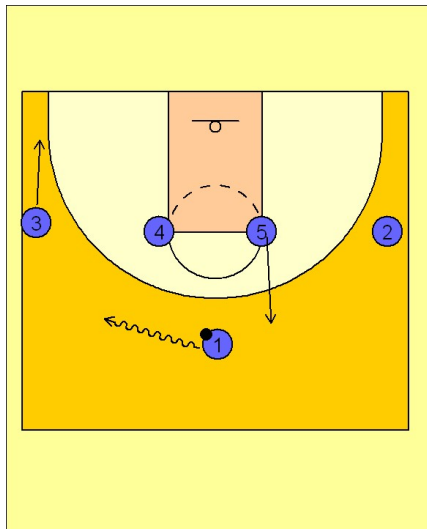


Kentucky

Zone offense (1)

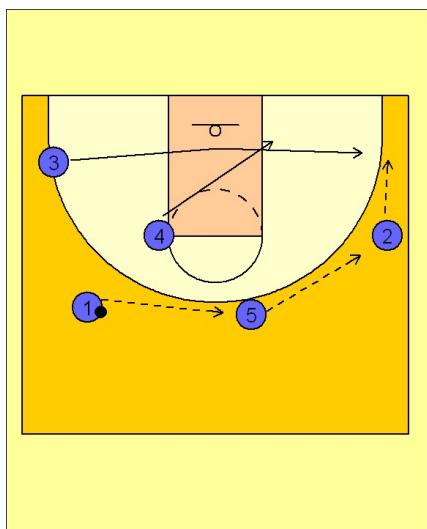
1



Kentucky Zone Offense

1 - 4 high starting alignment. (#1) declares a side on the dribble. (#3) spaces down to the corner area. (#5) steps out from the post to reverse the basketball.

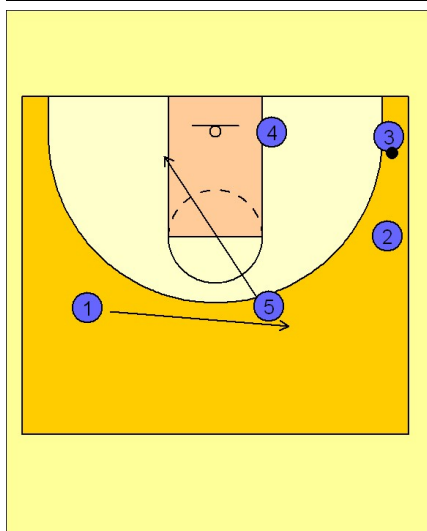
2



Kentucky Zone Offense

(#1) reverses the ball to (#5) while (#3) and (#4) cross the lane to the ball side of the floor. (#4) takes the low block position, while (#3) runs to the ball side corner for the pass.

3



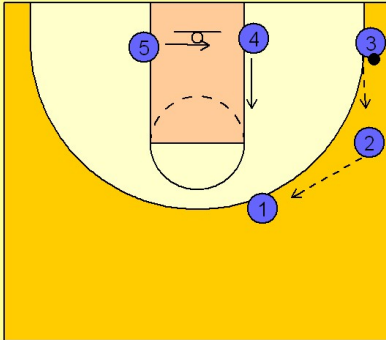
Kentucky Zone Offense

(#3) will probe the inside looking for a post up for (#4). (#5) may look for the ball in the high post or clear to the opposite low block waiting for ball reversal. (#1) slides over to reverse the ball and keep floor spacing and balance.

Kentucky Zone offense (1)

4

Kentucky Zone Offense

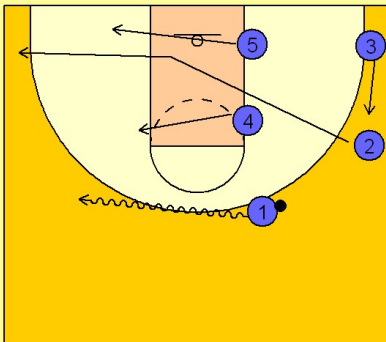


(#4) may slide up the lane, about 1/2 way, leaving room for the (#5) man to take the low post position on the ball side. A teaching point here would be to tell your (#4) man not to slide up to far or to quickly. If he does, the low post defender will check him off to the high post defender.

What you want is the low post defender to follow (#4) up the lane half way, creating an open area on the low block for (#5) to slide into and post up.

5

Kentucky Zone Offense

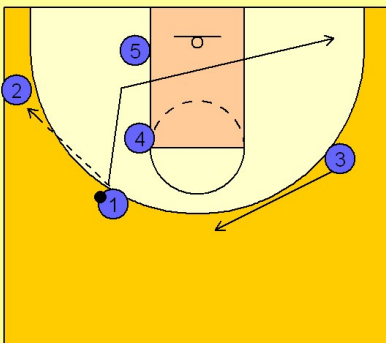


(#1) takes the ball over to the other side on the dribble for ball reversal. (#2) has cleared to that side of the floor as soon as he passed the ball to (#1). (#1) will then look to hit (#2) with a pass. (#2) will then probe the high and low post areas looking for (#4 and #5).

(#5) in this diagram, may also step to the short corner. If he were to receive the ball in the short corner (or in the low block for that matter), the high post man would dive to the basketball looking for a pass.

6

Kentucky Zone Offense



After (#1) enters the ball to the wing, he clears out to the other side while (#3) fills the top spot and then this action is repeated from side to side.