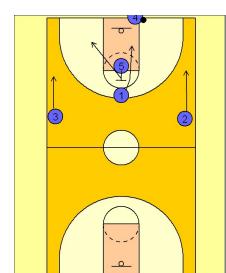
Maryland Press breaker (1)

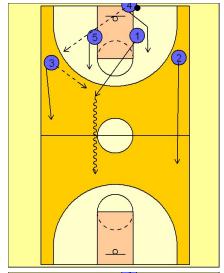


Maryland Press Breaker

(#4) takes the ball out of bounds.

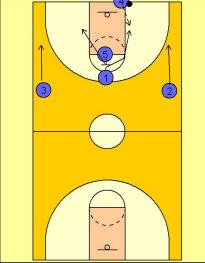
(#5) sets a back screen for (#1) and then rolls in the opposite direction of (#1) towards the ball.

(#2 and #3) break up to receive the inbounds pass.



Maryland Press Breaker

If the pass is entered to (#3), (#1) breaks toward the ball looking for the pass from (#3) and takes it up the middle himself, while the other players fill their respective lanes.



Maryland Press Breaker

Now lets take a look at what Maryland would do if the ball was entered into the middle area and to (#1), the point guard.

Same alignment and rules that started the last press breaker. Now we enter the ball to (#1).

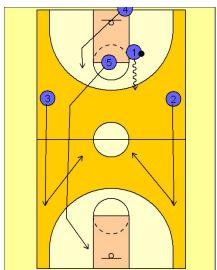
1

2

3

4





Maryland Press Breaker

(#1) takes the ball up the floor, while (#2, #3, and (#5) fill their respective lanes down the floor.

(#4) steps in opposite his pass to provide floor balance just in case (#1) needs to reverse the ball.

Should their be trouble, depending on what side of the floor the ball is, (#2 or #3) will flash to the middle to provide a pressure release.