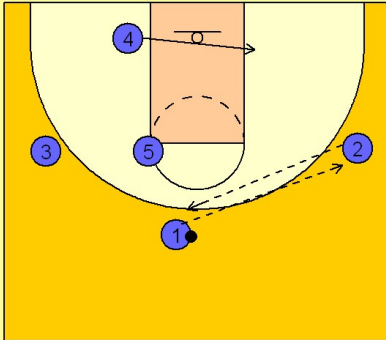


Missouri

Zone offense (1)

1

Missouri Zone Offense



Missouri's zone offense is pretty basic, however they do a great job of sealing the defense inside for great post position, they do a nice job of passing in and out of the low and high post, use the short corner area well, set ball screens on the perimeter, get good ball penetration on the pass and dribble, and move their players and the ball throughout the offense. These are all great zone concepts and Missouri does a nice job of execution.

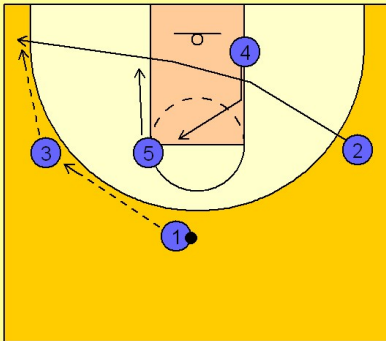
Here we see the start of the zone offense.

#1 passes to #2 who passes back to #1. #4 follows the ball across the lane.

#4 and #5 will work in an "X" motion back in forth as the ball is passed from one side to the other, exchanging low and high post positions.

2

Missouri Zone Offense



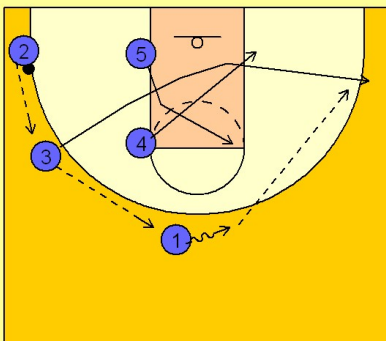
After #2 passed back to #1 on top, he cuts through the offense to the ball side corner area.

#1 passes to #3 who passes to #2 in the corner.

#5 follows the ball to the low block while #4 flashes into the high post area. Both post players are always using their bodies to fight for good position in both the high and low post so that they are eligible to receive a pass.

3

Missouri Zone Offense



#2 passes the ball to #3 who passes to #1 on top of the key.

After #3 passes to #1 on top, he cuts through the lane and out to the other side of the floor.

#1 can look to penetrate the gaps or reverse it to #3 on the opposite wing.

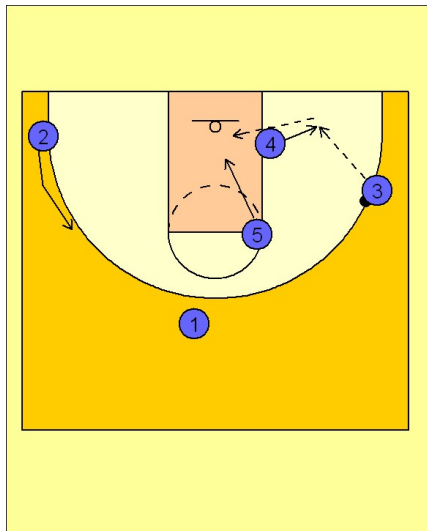
#4 and #5 perform their "X" cuts filling the high and low post areas.

Missouri

Zone offense (1)

4

Missouri Zone Offense

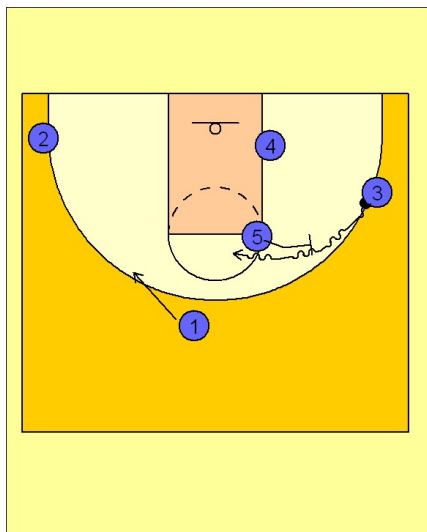


From time to time, the low post player, in this diagram it is #4, will step to the "short corner" area trying to suck the low defender away from the basket.

If the ball enters the "short corner" area, #5 will look to dive in the middle in the open space created by #4 stepping out.

5

Missouri Zone Offense



At anytime, the high post players can step out and ball screen on the perimeter. Here we see a common move for Missouri by having the high post player #5 step out and set a ball screen for #3. This action can cause the zone defenders to shift over to help out creating gaps, seams, or open areas on the perimeter.