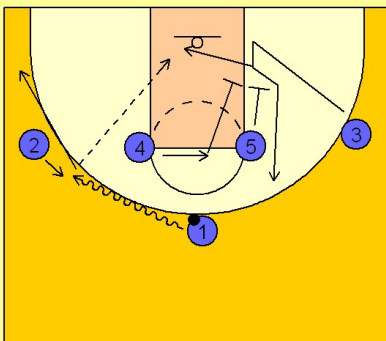


Michigan state

Set play (3)

1

Michigan State Set Play

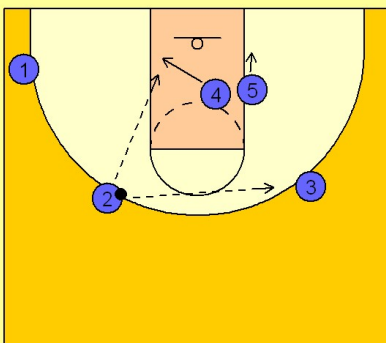


Again, the familiar 1 - 4 high starting alignment. Keeping many of your set plays with the same starting alignment does help in keeping the play disguised until you are into the basic movements.

(#1) does a dribble hand off with the (#2) man. While this action is going on, the (#4 and #5) men are coming together to set a double down screen for the (#3) man who has taken his man down to set up the defender into the screen. This is a great opportunity for the (#3) man to fake coming high off the screen and cut back door for a layup.

2

Michigan State Set Play



After the double down screen, (#2) has the option to hit the (#4 or #5) man working for post position, or the (#3) man who has just came off the double screen for the jump shot.