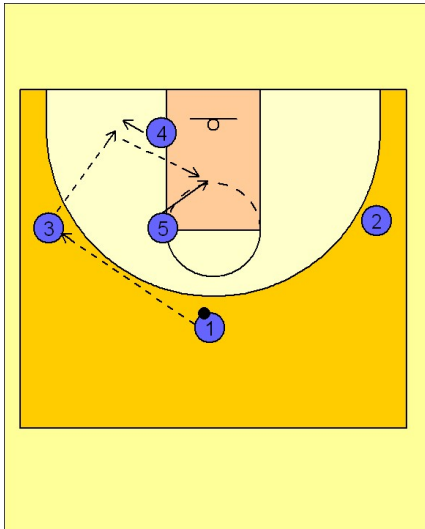


Pittsburgh

Zone offense (1)

1

Pittsburgh Zone Offense



Pittsburgh has a basic zone offense attack with three perimeter players and two post players. The perimeter players usually are stationary using only ball movement and dribble penetration. Rarely will anyone cut through the defense.

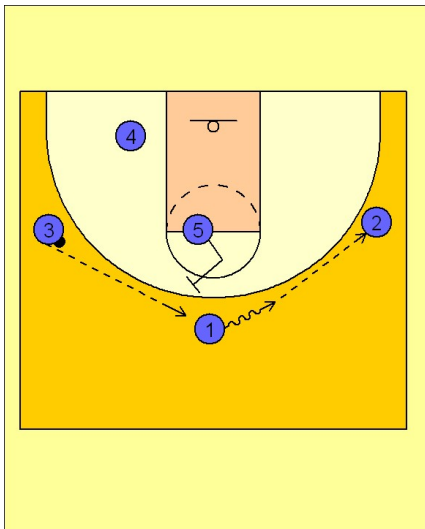
The post players will look to "X" cut as the ball is reversed from side to side, always occupying the high post area and the low post / short corner area. They will also look to step out and screen the perimeter players either with the ball or when they do not have the ball.

Here we see #1 entering to a wing with #4 stepping out to the short corner area and #5 posting up in the high post elbow area.

If #3 makes an entry pass to the short corner player #4, #5 will "dive" to the basket looking for a pass from #5 in the open area he (#4) just created by stepping out to the short corner.

2

Pittsburgh Zone Offense



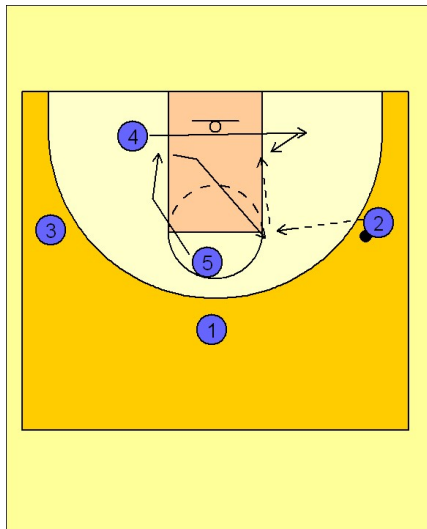
If it is not available, #3 will reverse the ball to #1 on top. #5 can look to either screen for #1 before he gets the ball or after he gets it. #1 will then look to drive the ball in the gap before passing over to #2 on the right wing.

Pittsburgh

Zone offense (1)

3

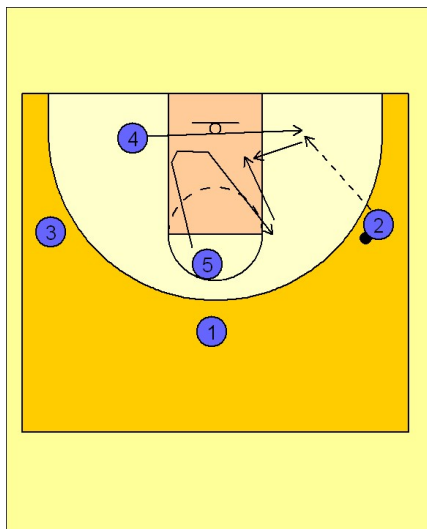
Pittsburgh Zone Offense



#4 will follow the ball across to the opposite low block / short corner area while #5 will move down and up to the ball side high post. If #5 catches the ball in the high post #4 will look to duck in and receive the post entry pass from #5.

4

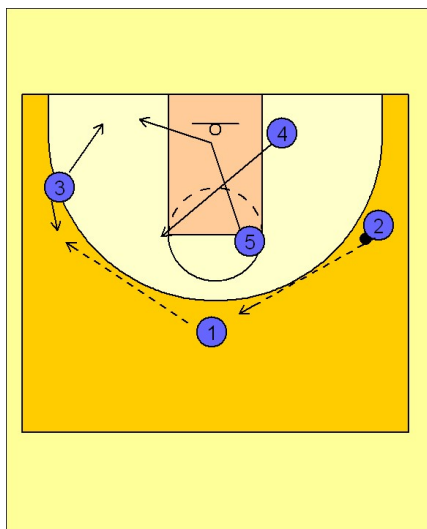
Pittsburgh Zone Offense



Again, if #4 should receive the ball in the short corner, #5 would dive to the basket looking for the pass from #4.

5

Pittsburgh Zone Offense



The ball would be reversed again on top to #1 who would look to #3 who is working to get behind the defense on the back side for a potential skip pass from #2 or #1. #4 and #5 perform the "X" move in the post, basically exchanging positions with one cutting high and the other cutting low.